

# “Is it *done* yet?”

You can't tell by *looking*. Use a **food thermometer** to be sure.

## USDA Recommended Safe Minimum Internal Temperatures



Beef, Veal, Lamb  
Steaks & Roasts

**145 °F**

Fish

**145 °F**

Pork

**160 °F**

Beef, Veal, Lamb  
Ground

**160 °F**

Egg Dishes

**160 °F**

Turkey, Chicken & Duck  
Whole, Pieces & Ground

**165 °F**

## IsItDoneYet.gov

USDA Meat & Poultry Hotline: 1-888-MPHotline (1-888-674-6854)



United States Department of Agriculture  
Food Safety and Inspection Service

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