

# Children's Books

## for young children in military families



Children's books are such a great way to help children deal with change – and military life certainly has plenty of that! Here are some books that can help young children deal with different changes that might occur in their families. **The books in blue** have a specific military theme and include characters in military families. Others are recommended because of how well they deal with emotions from a child's perspective. Even though the situation doesn't involve a military element, children will relate to the emotions of the situation. Most of these will be appropriate for children **aged 2 to 5** unless otherwise indicated. A link to a site where each book can be ordered is embedded in the books title for convenience; it does not reflect endorsement of the merchant.

### Relocating: Preparing

- [Goodbye House](#) by Frank Asch
- [Moving House](#) by Anne Civardi
- [Mouse Moves House](#) by Phil Roxbee Cox
- [Will I Have a Friend?](#) by Miriam Cohen

### Relocating: Adapting

- [Augustine](#) by Melanie Watt
- [I Love You All Day Long](#) by Francesca Rusackas

### Military Life

- [Love Spots](#) by Karen Panier
- [My Mommy Wears Combat Boots](#) by S. McBride
- [Captain Cat](#) by Syd Hoff
- [H is for Honor: A Military Family Alphabet](#) by Devin Scillian
- [Hero Dad](#) by Melinda Hardin
- [My Sailor Dad](#) by Ross Mackenzie
- [My Daddy is a Guardsman](#) by Kirk Hilbrecht
- [My Mommy is a Guardsman](#) by Kirk Hilbrecht

### Injury of a Parent

- [That's My Hope](#) (age 5+) by Marlene Lee and Lil Ingram

### Strong Emotions

- [When I Feel Sad](#) by Cornelia Spelman
- [No Matter What](#) by Debi Gliori
- [My Many Colored Days](#) by Dr. Seuss
- [The Way I Feel](#) by Janan Cain
- [When I Feel Angry](#) by Cornelia Spelman

### Deployment/Separation

- [Lily Hates Goodbyes](#) by Jerilyn Marler
- [Dear Baby, I'm Watching Over You](#) by Carol Casey
- [Night Catch](#) by Brenda Ehrmantraut
- [Boo Boo Bear's Mission: The True Story of a Teddy Bear's Adventures in Iraq](#) by Mary Linda Sather
- [We Serve, Too!](#) by Kathleen Edick
- [Sammy's Soldier](#) by Sarah White
- [A Paper Hug](#) (age 4+) by Stephanie Skolmoski
- [Bearable Moments](#) (age 4+) by Christopher Judd
- [Stars Above Us](#) by Geoffrey Norman (age 4+)
- [Sometimes We Were Brave](#) (age 5+) by Pat Brisson
- [When Daddy Goes Away](#) (age 5+) by Kristie Algeo
- [A Year Without Dad](#) (age 5+) by Judi Brunson
- [I Miss You: A Military Kid's Book About Deployment](#) (age 7+) by Beth Andrews
- [Love, Lizzie: Letters to a Military Mom](#) (ages 7+) by Lisa Tucker McElroy
- [Pilot Mom](#) (age 7+) by Kathleen Benner Duble
- [The Wishing Tree](#) (age 7+) by Mary Redman
- [The Kissing Hand](#) by Audrey Penn

### Homecoming

- [Home Again](#) by Dorinda Williams
- [When Daddy Comes Home](#) (age 5+) by Kristie Algeo

### Death of a Parent

- [The Hero in My Pocket](#) (age 5+) by Marlene Lee
- [Klinger: A Story of Honor and Hope](#) (age 7+) by Betsy Beard
- [Love Never Stops: A Memory Book for Children](#) (age 4+) by Emilio Parga
- [The Tenth Good Thing about Barney](#) (age 5+) by Judith Viorst

**Child care professionals:** More resources, info and opportunities to learn and connect are available from the **Military Families Learning Network!** Visit our project page to find out more.

<http://blogs.extension.org/militaryfamilies/child-care/>