

Short-Term Goal Setting Example

Short-Term Goal example: Save \$500 during April and May for a July family vacation to Adventureland.

*Is your goal SMART? Is it specific, measurable, mutual, attainable, realistic, and relevant?
Do you have the resources to achieve it and have you set a timeline?*

Tasks	Priority (top task is # 1)	Approximate cost (if any) or resources needed	Target start date	Target completion date
Short-term (less than 3 months)				
<i>Reduce eating-out expenses:</i> Limit eating out for family from 2x/wk to 1x/wk	1	Save \$225	4/1	5/31
<i>Reduce lunch expenses:</i> Mom & Dad carry lunches to work instead of eating out	2	Save \$135	4/1	5/31
<i>Cut travel costs:</i> Dad goes to work early to combine travel with taking kids to school	3	Save \$90	4/1	5/31
<i>Reduce entertainment expenses:</i> Choose home movie rentals and games instead of outside entertainment	4	Save \$50	4/1	5/31
Intermediate-term (3 to 6 months)				
Long-term (a year or more)				

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