




2017 FLORIDA SNAP-ED IMPACT

UF/IFAS Extension Family Nutrition Program (FNP)

SNAP-Education provider since 1996, helping limited-resource families eat healthier on a budget and get more physically active to reduce the risk of obesity and chronic diseases.

WHY


6.7 M
Floridians are **eligible**
for SNAP-Education

FLORIDA YOUTH AGES 5-17

1 in 10 are **obese**
43% Eat **vegetables** less
than one time per day
39% Eat **fruit** less than
one time per day





FLORIDA ADULTS AGES 18+


1 in 4 are **obese**
90% Do not eat
enough **vegetables**
86% Do not eat
enough **fruit**

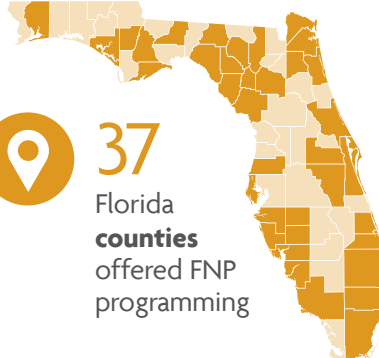
WHAT


128,178
Floridians received FNP
nutrition education


27,962
FNP **classes** were taught
to youth and adults


1,841,374 is the estimated number of people
reached through FNP **policy, systems,
and environmental changes**


37
Florida
counties
offered FNP
programming



HOW

\$10.5 M
in USDA **funding**
received from DCF*

\$315,213
in **donated** materials
and supplies

Additional funds provided by state and community organizations.

1,243
community
and state
partners

160
FNP **employees**

SEE BACK FOR MORE! 

BEHAVIOR CHANGES

Participants who completed FNP class series reported engaging in the following healthy activities:



YOUTH

Percentages of students by grade who reported increasing the number of days per week of:

	3rd-5th	6th-12th
Physical activity	50%	40%
Eating more than one kind of vegetable	35%	33%
Eating more than one kind of fruit	44%	38%

Note: Youth and adults who reported already doing these activities every day at the start of programming were excluded from this report.



ADULTS

Percentages of people who reported increases in the frequency of:

	Ages 18+
Comparing prices before buying food	53%
Using the nutrition facts label	49%
Percentages of people who reported increasing the number of days per week of:	
Eating more than one kind of vegetable	28%
Eating more than one kind of fruit	34%

PSE CHANGES

FNP collaborates with partners to affect the Policies, Systems, and Environments (PSEs) that shape the health of Florida communities.

76,343 **Pounds of produce**
FNP helped to procure for school cafeterias



278 **Gardens installed** in schools, childcare centers, and communities

144 Healthy school **certifications**



59 Let's Move! Child Care certifications




2,577 **People* trained** on gardening, Smarter Lunchrooms Movement, Let's Move! Child Care, or food safety

4 School districts with improved **wellness policies**

*Teachers, childcare providers, school food service staff, farmers, and others.

Partner with us for a healthier Florida!

 Visit uffnp.org for more information about the UF/IFAS Extension Family Nutrition Program

The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact 1-866-762-2237. TTY/TTD/FRS dial 711. This material was funded by the USDA's Supplemental Nutrition Assistance program - SNAP. This institution is an equal opportunity provider.



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